

THE BLUEPRINT

HOUSES OF HIS GLORY TRANSFORMING THE EARTH



*Behold, I am doing a new thing; now it springs forth, do you not perceive it?
I will make a way in the wilderness and rivers in the desert.*

Isaiah 43:19

PURE VITALITY MINISTRIES



"Now God worked unusual miracles by the hands of Paul, so that even handkerchiefs or aprons were brought from his body to the sick, and the diseases left them and the evil spirits went out of them."
Acts 19:11

A New Blueprint

God has birthed something at Pure Vitality that brings His Word and His Spirit together in a unique way that is bearing tremendous fruit as people's lives are being changed at a deep level. They come in broken, hurting, sick, and diseased and become healed, equipped, and empowered as they are able to step fully into the person God created them to be. He has given us a blueprint for a new model where His Presence abides, people are changed, a healthy community is fostered, and people are equipped to fulfill the Great Commission.

You can compare this blueprint to building an ark. An ark is a place of refuge to save people from the flood of destruction. Just as in the days of Noah, so it will be before the coming of the Son of Man. God is establishing arks where people gather for worship in His presence, get healed, get equipped, and take God's presence out into the world around them, impacting people with His healing, love, deliverance, and peace.



Grounded in the word of God and saturated in His Spirit, this blueprint enables people to implement a model that enables people to come together for training, get healed and transformed, and then go forth into this dark world fully armored up, and carriers of His presence, taking dominion and expanding God's kingdom in the earth.

Cities Filled With His Glory

Prophetic Word from Lana Vawser: "I began to see these pioneers in cities all across the world and they were building in obedience to the Lord and staying deep in the secret place and I began to see each of these 'arks' that were being built all across the world in different cities were being filled with His Glory. The Lord spoke "Cities FILLED with My Glory" and the sense surrounded me so strongly of the move of God breaking forth in cities through these pioneering assignments and divine innovations that were seeing His Glory manifesting in cities like never before. There were regional shifts taking place. I could hear the whisper of the Lord "Pay no attention to darkness, let it not take your focus, My Glory will explode brighter than ever. It's time!"

A New Wineskin

A new model is here that is about building around the presence of God in a new way that not only invites Him into our lives, but enables His presence to saturate our families and cities! It's about gathering together in homes, like the early church in the book of Acts. It's about inviting His presence to fill our churches. Then going out into the community to heal the sick and share the gospel.

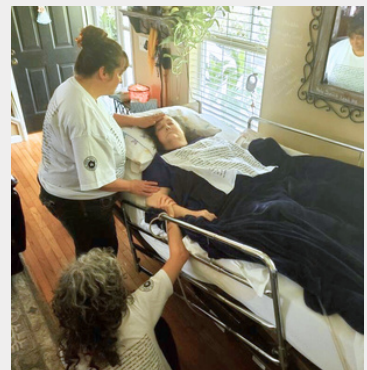
New Testament Believers

God is moving in individuals and families like never before. He is bringing the family back together and establishing everything on the correct foundation.

God is teaching people through our teachings and books how to host Him and honor Him. He is bringing His Word back into the spotlight. And He is ready to flood this world with His glory in a greater way!

He is bringing people back to the basics:

- Intimacy with Jesus as the bride of Christ
- Unity between denominations, loving one another
- Operating in power: heal the sick / cast out demons
- Everyday people are trained to do what Jesus did
- Small gatherings can happen in homes rather than only in large church buildings
- Small group support calls to go through teaching material and discuss it to grow and learn each week



A New Life of Vitality



This is the goal we are aiming for as we help people become healthy in mind, body, and spirit.

THE SECRET PLACE

Before you start the day, spend quiet time with God in the secret place, so you can be filled up with His love and His power. You welcome Him in your home through regular worship and prayer.



EAT NATURAL FOODS

You know that every bite you eat either feeds health or disease, so you make it a priority to build health by eating nutrient dense natural foods.



FEED YOUR SPIRIT

Scripture is vital to not only your spiritual health, but also your physical and mental health, so you make time to read or listen to it daily.



ON ASSIGNMENT

You represent the Kingdom of God and carry the power of the Holy Spirit everywhere you go. You are quick to pray for people and share the gospel as you go about your day.



FAITH OVER FEAR

You understand your identity in Christ and you see challenges that come up along the way as opportunities for God to work through you and shine His light in the midst of those challenges.

Overview of the Blueprint

HOW IT WORKS

The Blueprint is a model that centers around God's Word and the Holy Spirit. It enables God's will to be done both personally and corporately as individuals are healed, equipped, and empowered to fulfill the Great Commission and expand God's kingdom on earth. Here is how it works:





It Starts With His Presence

Imagine a place where you feel the tangible presence of God, where His peace wraps around you like a soft blanket, causing anxiety to just lift off of you.

Imagine a place where the veil between heaven and earth has become so thin that you hear God's voice much more clearly.

Imagine a place where the air molecules in the room vibrate to the point where they feel "alive". You breathe it in, realizing it actually is alive because God's Spirit is in the room and as you breathe deeper, every muscle relaxes as the tension leaves your body.

Health issues just fade away into the past as His Word surrounds you and saturates you, bringing healing to your body as His glory fills the room. Everything changes in God's presence.

This is what it feels like to have the Holy Spirit in the room.

The atmosphere in a building can have the characteristics of the kingdom of God rather than the characteristics of the kingdom of darkness. This means that it can be filled with God's peace, love, joy, and healing. The Holy Spirit can bring order where there is chaos; love where there is strife; health where there is disease; peace where there is chaos.

You can create a place where the Spirit of God is welcome to inhabit in your home, office, school, church, etc.

God's Word provides a protective spiritual barrier against the forces of evil in the world as you experience the characteristics of His kingdom in your space: on earth as it is in heaven.

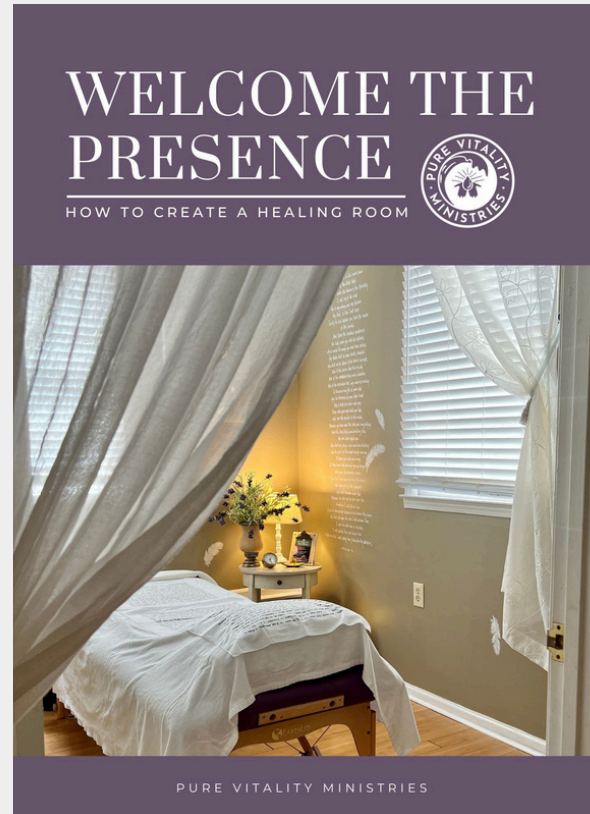
God's Word and the presence of the Holy Spirit shift the atmosphere by bringing everything into alignment with God's kingdom.

Welcome The Presence

Two years ago, when I first came to Pure Vitality and crossed the threshold, I felt the presence of God. Immediately I was like, I want that in my home! I want to feel like that when I walk in my home.

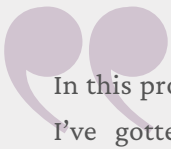
I got the Welcome the Presence bundle and the first thing I did when I got home was put the box on the kitchen table. I opened the box and I just waited on the Holy Spirit.

This is not decorating. This is actually listening to the prompts of the Holy Spirit and what He desires to do with the things in the box around your home, so that He knows that He is welcome to dwell there.



A few days after putting the blanket and pillowcase in the room, I walked into the room, I stopped and forgot why I was going in there because I noticed the air quality was different. It reminded me of what it is like when I have on my air purifier. I thought the air purifier was on, but when I went to look, it was NOT on.

The air was thin, crisp and clean, and I have experienced some water damage by the front door and it had been causing a little bit of mold. So there had been a smell there, but now it was gone! The entire smell was gone!



In this process, my dog has gotten healing and I've gotten healing. My dog had stage 4 heartworms and was only given 6 months to live. I had him so I could make him comfortable before he passed. And now even the vet is surprised and saying, 'Is this the same dog?' He had mange and his hair was falling out, patchy, and had skin allergies and irritation. He looked a mess. But God has healed the dog! He just turned 8 years old and now he has plenty of energy too.

Both of us are drinking the Living Water with the Life Coaster that I learned how to make. I put it in his bowl, and he's like a new puppy! He has more energy now than he's ever had in the 3 years that I've had him. He's a new dog! I have more energy and we both sleep great!

Implementing the bundle is an ongoing process as I'm in communication with the Holy Spirit. He is very meticulous and picking certain walls about where He wants this scripture and if I ask Him, He is kind enough to let me know why this scripture is going in this corner.

It is a relationship and we are talking. I've never been in relationship with the Holy Spirit before. It's a different way to live. I am trusting Him when He asks me to do something.

I'm growing and maturing every single day. I know I'm not the same person. I have confidence that was not there before.

This bundle is just amazing and a blessing. It's one of the best gifts you could ever give someone for their home and it blesses everyone who comes into their home. It changes them. It changes the quality of their life without even asking them- just being in His presence without even knowing it.

Most people recognize His presence when they come in- 'Something about your home is very welcoming.' It's funny what we say- we think it's the decor, or a homey vibe, etc. We say things like that, but it's not that- it's Him!

We don't know how to articulate it until we are taught, but I'm learning. It makes me want to open up my home to make it more welcoming and open it up to people. This is new for me because I've been sick and have been a recluse for years. I would not let anybody in my home, and now I'm giving people open invitations to my home. I don't even recognize me now!

-Danielle Brinson, Douglasville Georgia





The Welcome the Presence bundle is the foundation of everything. It provides the framework about how to welcome Him into your space, so start with that bundle before you implement anything else.

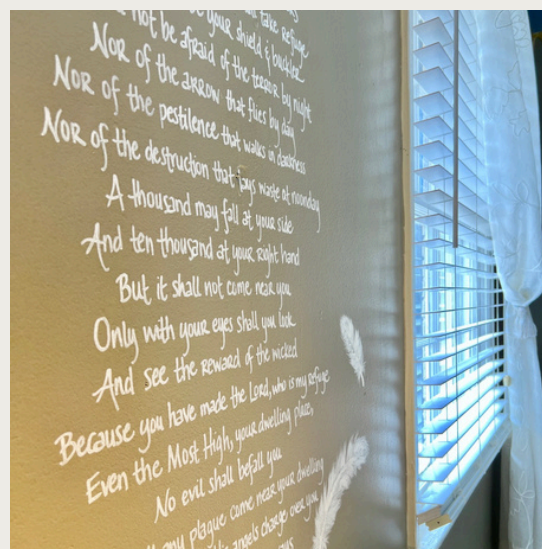
His presence is all you need because when He is in the room, His kingdom is made manifest and people are transformed.

When you implement the Welcome the Presence bundle, don't just assume you know where to place the scriptures based on your decorating preferences.

Always ask the Holy Spirit first before you do anything. This is not decor. This bundle is meant to be implemented in relationship with Him, following His lead as you invite Him into your space.

May God's glory fill your home and impact everyone around you as you make room for Him!

You can order a Welcome The Presence bundle on our website:
<https://purevitalityministries.com/product/welcome-the-presence-bundle/>



Establishing The Home Season

When the Lord spoke the words “I am establishing the HOME season” I also knew that the Lord was speaking of FAMILY. There is a mighty move of the Spirit of God in families right now. He is bringing revival in families. He is bringing a deeper unity in families. He is calling for a deeper focus upon FAMILY in the family of God and the family in the home.

The Lord showed me where the enemy is coming ferociously to try and bring division and breakdown in homes, that this is a time to truly draw close to the Lord and ask the Lord what it means for your family in this season that He is “ESTABLISHING THE HOME SEASON”. The Lord showed me there are different strategies for this season of what it looks like to create space for the Spirit of God to “establish the home season” more than ever. There is a letting go, there is a shifting, there is a change of pace, there are different strategies that the Lord is wanting to bring into the home that will usher in mighty moves of His Spirit, revival fires in the home like never before and houses of His Glory.

There is a new wave of His Spirit that is coming quickly that is going to crash into homes and see houses HOUSING HIS GLORY like never before all across the earth, but His PARAMETERS must be established. His strategies, His wisdom, His blueprint, His way.

I saw this huge tidal wave that was crashing into homes all across the earth and these houses began to blaze with His fire and Glory more fiercely and brighter than ever before. This huge tidal wave that ignited homes with His fire and His Glory rested heavily upon began to flow out FROM the home in acceleration, and strength in a way I had never seen. I kept hearing the word “DOUBLE” in the Spirit resounding over and over. I knew the Lord was saying that the move of His Spirit that is going to flow FROM homes is going to be DOUBLE what we have seen. Where there has been such attack on the home, not only would there be DOUBLE recompense and restoration, but there would be a move of His Spirit FROM WITHIN the home that would be bigger than has been seen or imagined (Ephesians 3:20)

It is important to note, that when the Lord spoke “I am establishing the HOME season” it was NOT a call to hide in homes, for this is a time for the Church to arise and shine (Isaiah 61) but the Lord is re-establishing priorities again, He is heralding a move of His Spirit is majorly increasing WITHIN HOMES that is going to FLOW OUT to bring rapid revival and a move of His Spirit in communities, cities and nations in a BIGGER way than we are seeing now.

The Lord spoke again “Some of the greatest moves of My Spirit that have ever been seen are going to flow from HOMES and FAMILY UNITS in greater ways than is already being seen. A tidal wave of My Spirit is coming into the home in an unprecedented way and I am calling My people to be ready and make room.”

By Lana Vawser

Outpouring of the Holy Spirit in Homes

While one of our intercessors was at Pure Vitality praying for revival and an outpouring of the Holy Spirit, she got a vision:

"I saw the most beautiful clear blue water filling up Pure Vitality all the way to the top, and then it started coming out the doors and windows into the grass, parking lot, flowing under the tent and into the street. It was washing into the street, cleansing the land, and cleansing everything with His presence."

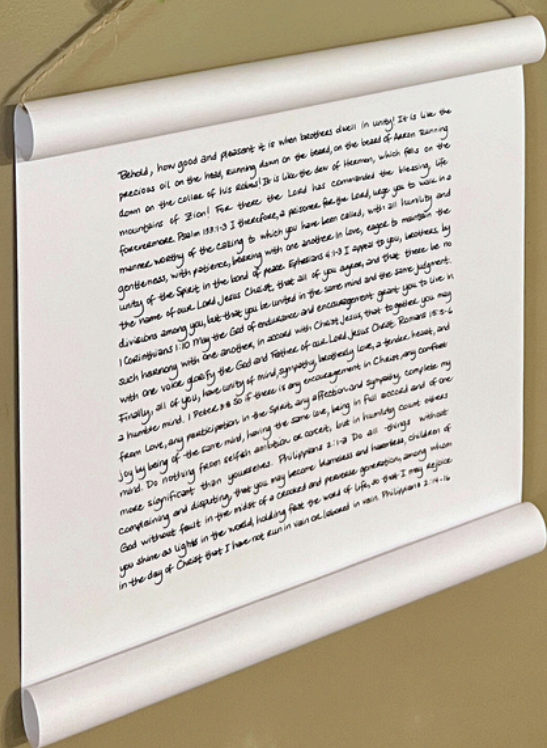
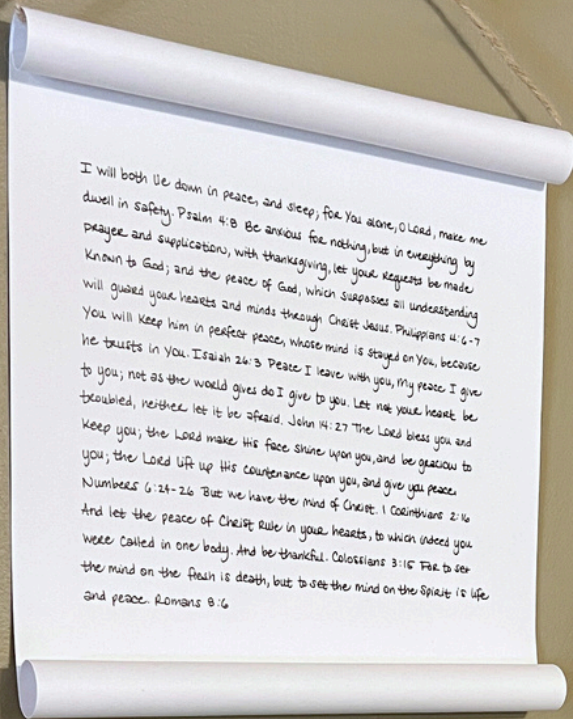
"Then I saw all the houses with the Welcome the Presence bundle, where people were making room for Him, and each house was getting filled up with living water, washing over their house, and overflowing into the neighborhoods, streets, and community."

"Then it zoomed out and I saw all these little houses with this water filling up and overflowing, then if there was another house nearby welcoming His presence, the waves of water from both houses were crashing into each other. It was a cleansing and washing. His presence was taking over, and each one of those houses were lighthouses and the lights were coming on in the dark. It was beautiful!"

Cities Filled With His Glory by Lana Vawser

"I began to see these pioneers in cities all across the world and they were building in obedience to the Lord and staying deep in the secret place and I began to see each of these 'arks' that were being built all across the world in different cities were being filled with His Glory. The Lord spoke "Cities FILLED with My Glory" and the sense surrounded me so strongly of the move of God breaking forth in cities through these pioneering assignments and divine innovations that were seeing His Glory manifesting in cities like never before. There were regional shifts taking place. I could hear the whisper of the Lord: "Pay no attention to darkness, let it not take your focus, My Glory will explode brighter than ever. It's time!"" - Lana Vawser





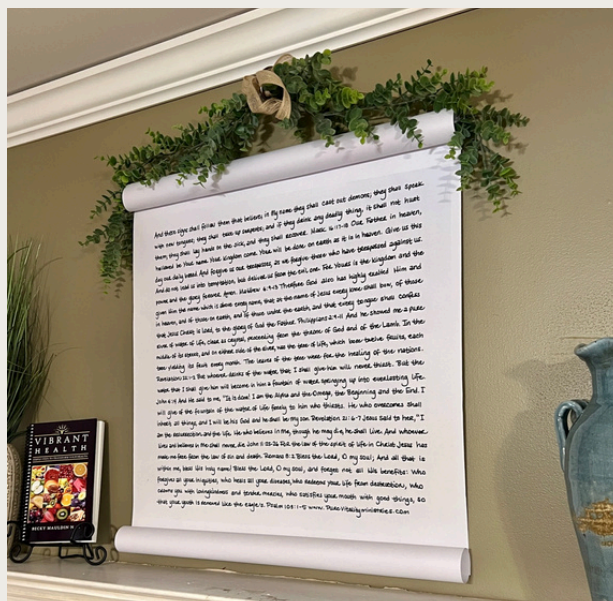
FELICIA'S STORY

"I live with my two grown children, and I am constantly praying, but there are toxic influences in the house, and it's been such a struggle. I am praying, but I am constantly coming up against other people. It got so bad that I would be physically tired, and when I am physically tired, it affects me emotionally so bad. I was having trouble with my memory, and it got bad mentally. I thought I was losing my mind and I could not even function. I was praying, "God, I don't know what to do. I'm praying but what do you do when there are other people who are welcoming in things?"

"I heard about the scrolls and that is what changed everything for me and my home. I got all of them and asked God where to put them. As soon as I put the scrolls up, everything immediately changed in the atmosphere. It was so powerful that my son, who I had been having problems with, packed up his stuff and left! And that was within days of putting up the scrolls.

"I had also been having a problem with pestilence: spiders, gnats, and flies everywhere! I was praying and trying to get rid of them and nothing. So a few days after I put the scrolls up, I was walking into the house from my garage, and I saw a swarm of flies in the corner flying around confused! They were trying to get into the house, but they couldn't!

And I remember laughing because it was so funny to see them flying around so confused. When I opened the door, they could not pass the threshold. It was like that for a day or two, and then they were gone!"



PHYSICAL HEALING HAPPENING

People are also getting healed from being near God's word permeating their homes from the scrolls being on their walls. One woman woke up and her eye sight was healed! She no longer needed her glasses! Hallelujah!! All the glory goes to God! His Word is living and active and brings healing when we believe!

INSOMNIA IS GONE

One woman had struggled with insomnia and woke up each morning with heaviness on her chest. After hanging up our scrolls all around her house where God led her to hang them, she now sleeps well all night long and does not wake up with any heaviness. The spiritual climate in her home has shifted and God's peace fills her house.

THE WITCHCRAFT SCROLL

One of the scrolls we were led to create is a scroll to break off witchcraft. Witchcraft is becoming more and more prevalent in our society, so it's very important to know Bible verses to address it so it does not hold people in bondage. Here's one story so you can see how God is using this scroll to bring freedom to people and more of God's presence into their homes.

When Heather was setting up her Healing Room, she hung several scrolls in the room, along with the scripture she wrote on the walls. When she hung up the witchcraft scroll, she noticed her legs and feet started itching whenever she was near it. Any aggravation someone experiences when they are near the scrolls can indicate something spiritual that needs to be dealt with, so I encouraged her to ask the Holy Spirit if there is anything in her possession that is connected to witchcraft.

She prayed and the Holy Spirit brought to mind a wooden spoon that someone had given her as a gift; it was a souvenir from Africa. She repented for having something that was connected to witchcraft in her possession, took it outside, and burned it, and the itching she had been experiencing around the witchcraft scroll stopped immediately and never came back. By getting rid of the item that was apparently connected to witchcraft in some way, she was able to cleanse her home of something she had not been aware of that was from the enemy.

DELIVERANCE TESTIMONIES

Deliverance can be experienced with these scrolls, so if you notice agitation or feeling worse near a scroll, this could indicate a need for deliverance from the demonic spirit the verses on the scroll are targeting.

For example, one woman hung up the Jezebel scroll in her home and soon afterwards, she began to experience agitation as the scroll provoked the demonic spirit to begin to manifest.

She realized what was going on, so she read the chapter on the Jezebel spirit in our [Freedom From Strongholds](#) book. Once she came out of agreement with the lies she had been believing, and broke generational curses, the demonic spirit left her body and her home for good! These scrolls are deadly to the enemy, so do not take them lightly!

Demonic spirits can influence Christians sometimes even though Christ paid for their freedom. But they can be set free when they repent for sin and renounce it in Jesus name.

If someone feels uneasy around the fear scroll, they may have a spirit of fear that is getting agitated as the fear verses on the scroll are living and active, coming against the spirit of fear affecting them! This is an opportunity for them to choose whether they want to continue to be oppressed by a spirit of fear or they are ready to be free. Getting free may look like simply renouncing the spirit of fear and speaking the verses out loud on the scroll as a declaration to the enemy that you no longer want fear in your life! See my book, [Freedom From Strongholds](#) for more information on strongholds.

As you can see, these scrolls are very different from scripture printed with a font. This is because the scriptures are handwritten while in prayer, believing that the anointing and power of the Holy Spirit is infusing every stroke that is written to break chains and bring freedom! The power of the Holy Spirit and the Word of God come together in a unique way in the scrolls that should not be underestimated.

The scrolls are meant to be used in relationship with the Holy Spirit, so ask Him where He wants you to hang them. Do not simply treat them like decor and place them where they look nice to you. Pause and ask the Holy Spirit to show you where to hang them in your home.

Use your authority and speak the scriptures on the scrolls over your home to establish God's dominion in your home, and cleanse it of evil. You can hang up one or two scrolls in your home, or our entire collection. See our website for all the scrolls available. They come in 2 sizes: small (11 x 12 inches) or large (24 x 30 inches).



Here are some of the scrolls we have available:

- Peace (to break off chaos)
- Love (to break off fear)
- Humility (to break off pride)
- Mind of Christ (to break off mind control)
- Life (to break off spirit of death, disease and evil)
- Witchcraft (to break off witchcraft)
- Unity (to break off division)
- Focus (to break off distraction)
- Jezebel (to break off Jezebel spirits)
- Trust (to break off control)
- Zeal (to break off apathy)
- Purity (to break off lust)



Worship Nights

A FORMAT FOR WORSHIP TO FACILITATE ENCOUNTERING JESUS

Worshipping on a weekly basis in the area where you are welcoming His presence is important as it shifts the atmosphere, honors Him, and enables the Holy Spirit to touch people directly.

While you may think that you cannot do this if you cannot sing, play a keyboard, or hire a band, none of those things should stop you from hosting a gathering and setting the stage for people to encounter Him!

God has given us a format that honors Him and enables people to focus on Jesus and encounter Him. Since implementing this years ago, we have seen Him manifest His presence in so many ways: people have gotten healed, baptized in the Holy Spirit, set free and delivered in our worship services, many times without anyone specifically praying for them! Jesus did it!

We have had supernatural signs and wonders happen, such as angels singing, God's weighty glory has held people down on the floor, people have had visions of heaven, and other encounters with God. So do not let anything hold you back from experiencing all that God has for you as you host His presence! He just wants His children to gather in unity and lift Him up, and He will do the rest!

At a worship night service, people are lifting up Jesus and worshipping Him from a place of intimacy and authenticity. Our blueprint helps to facilitate this through a specific structure where people are not in the spotlight by being elevated on a stage, nor the focus. This is important because a format that puts Jesus in the spotlight will shift people away from celebrity Christianity in which worship can feel like a concert or a performance, with an audience looking at the people on the platform, rather than worshipping Jesus.

In our blueprint, you are elevating Jesus and Him alone, so that people can engage with Him easier. People leading the worship service are selecting songs and following the Holy Spirit, but they are behind the scenes and amongst the crowd as the body of Christ so that Jesus is truly in the spotlight.

Freedom is found in the format. When people lead from a platform, it can shift the people into an "audience" who are spectators, giving them a passive, observant role, rather than participants who are engaged in an active role. Our format frees everyone to turn their attention solely on Jesus, and worshipping with freedom and encountering God in a more intimate way.



Support & Discipleship Groups

FOR EQUIPPING AND TEACHING PEOPLE

We'll teach you how to host online or in-person support and discipleship groups that you can take through our curriculum and discuss it, cultivating a community of people who can thrive like God intended. Our curriculum includes videos, audio lessons, and books to equip and empower people to live God's way and according to His kingdom.

It is a model that enables people to be discipled in a safe, loving community as they learn how to break free from their past and the ways of the world, and have a deeper relationship with Jesus.

They will discover they can let their defenses down and find a new normal of vulnerability and transparency, where they can grow and thrive without fear of shame, judgment or condemnation. These groups enable each person to understand the vital role that they play in the body of Christ and it gives them a place to learn how to apply what they are learning and develop meaningful relationships with others on a similar journey.

It's about cultivating a community where genuine love, kindness, and humility enable people to feel safe to connect with one another at a deep level without shame, fear, or rejection.

Here is an overview of the curriculum:

Spiritual Bootcamp: Everyone starts here to learn the basics of their identity in Christ, and how to have a healthy spiritual walk with God.

Victorious Spiritual Warfare: This is our second training in the series that goes deeper into spiritual warfare so you are prepared for the battle we are in.

Prayer Training: Learn how to pray effectively so that God's will is done in your own life and in your community. It covers outreach ministry, inner healing and deliverance.

Freedom From Strongholds: This training comes from our book about breaking free from demonic spirits. It's a must read!

Battle Ready Training

Battle Ready is the title of our online training and discipleship program that walks people through the basics of establishing a deeper relationship with God to understanding how to engage in spiritual warfare and pray for others. It covers everything from strongholds, to inner healing and deliverance. You will get access to a facilitator's guide, video lessons, PDF workbooks, books and ministry tools for you to use if you would like to start a small group in your area.

Small groups can meet once a week either in-person or virtually on a platform like Zoom. We have found them very effective either way. We recommend a small group size of 4-12 people in order to foster a safe place where people can be vulnerable and share, while also getting to know one another.

As a facilitator, your job is not to have all the answers, but to simply help to facilitate discussions as you walk people through a process that equips them to become the prayer warrior that God created them to be. They'll know how to use the Word of God as a weapon to gain the victory in their life.

The training ends with Freedom From Strongholds, which is material to help them break free from strongholds that may be holding them back and understand how to help others walk through deliverance effectively.

Bandanas and Bundles

We also will show you how to use the bandanas and bundles as outreach and ministry tools to incorporate the Word into their daily lives and remind them to live it. The bandana bundles are a great way for people to share God's Word with others so God can bring healing, salvation, and deliverance to people in their community and family. This is a movement to awaken believers to the power and authority they carry through Christ to heal the sick and set the captives free with His Word.

You'll get trained on each bundle and item we carry that is covered in scripture so that you will understand how to use them and how to share them with others in your community. We are here to equip you, train you, and stand with you side-by-side as the body of Christ, so that together, we can see God's love and healing power change this world for the better!





Outreach in Your Community

SHARING THE GOSPEL AND THE LOVE OF GOD

Our blueprint includes learning how to do outreach ministry: praying for people on the streets as the Holy Spirit leads. This is a great way to enable people going through your discipleship groups to put into practice what they are learning.

Small groups can go out on weekends once a month and follow the Holy Spirit and minister together on the streets.

It's a great way to spread God's love without any strings attached. Most people have their defenses up because everyone typically has an agenda and wants something from them. This is a great opportunity to see people the way God sees them and love them unconditionally.

As people learn how to do outreach and flow with the Holy Spirit on location, many times they are activated in their gifts as they step out past their comfort zone and put the love of God on display. It might look like giving someone a hug, speaking a prophetic encouraging word, praying for their body, leading them to Christ, etc. The overall goal is to love people and learn how to flow with the Holy Spirit in public, not just in a church.





Prayer Rooms

FOR INNER HEALING AND DELIVERANCE

You'll learn about prayer rooms and how to minister to someone in a prayer room in our Battle Ready training curriculum.

A Prayer room is a private, 1-2 hour confidential session where two trained prayer partners seek God on someone's behalf where they are stuck so they can experience breakthrough in their life. It can involve walking the person through forgiveness, inner healing, deliverance, etc.

It is Holy Spirit led and instead of just praying over a person, they are an active participant in this process.

It provides a safe place for people to break free from anything holding them back in their life.

The goal is for them to experience God's love, peace, joy, and freedom, in a safe, loving setting.

Once you complete the Battle Ready training course, you'll be able to offer prayer rooms in your area. Or you may be able to partner with us to be a prayer partner at Pure Vitality.



Prayer rooms are a wonderful way to help people get personalized help who are a part of your small group community, going through the discipleship classes. They may need help with inner healing or deliverance that is best facilitated in a private, confidential setting, such as a prayer room, so they can receive freedom.



Some people focus on eating healthy food, detox, and supplements, but we have found this only provides limited results.

We are a 3-part being (mind, body, and spirit) and every area must be healed for people to achieve vitality.

This enables people to live like God intended.



GRAVES TO GARDENS

God's desire is for people to be healed in mind, body, and spirit, so they can fulfill their purpose and share healing and the gospel with others.

The sick become healed, then pass it on to others.

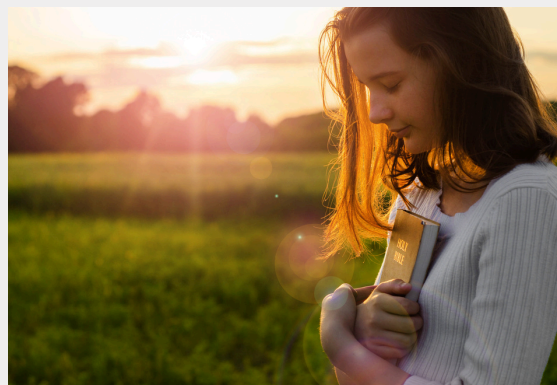
The broken become repairers.

The hopeless bring hope to others.

It's ashes becoming beauty and graves becoming gardens.

People go from being a victim to victorious!

This is our mission, which is in alignment with the Great Commission.





Nutrition Classes

HEALING THE BODY WITH FOOD & NUTRITION

We cannot be truly healthy without addressing the food that we eat. For all our technological advances, we are failing miserably at staying healthy because the enemy is keeping people in bondage to disease through the food they eat. The industrial food system promotes toxic, man-made foods, loaded with chemicals and preservatives, rather than the natural food that God created us to eat.

Highly processed foods do not provide enough of the nutrients our bodies need to function properly, and they can break down as a result. The food refining process strips away some of the essential nutrients the body needs to function. Poor fuel equals poor function.

Food and nutrition is the foundation of our health, and if people ate food as it's found in nature, many health problems would easily resolve themselves.

Eating the food God designed us to eat enables the body to thrive! Helping people know what to eat and how to take care of their bodies with food, herbs, and nutrition is included in our blueprint.



You will get access to the Vitality cookbook, done-for-you nutrition classes, as well as a 16-week class curriculum you can teach in your community to educate and inspire people to eat natural foods.

You'll get access to recipes that are not only easy, but taste delicious. You'll learn how to use foods for specific everyday health challenges, so you'll be less dependent on the medical system and medications.

If you have not taken our Practitioner Course, you'll learn when to refer someone to see one of our Holistic Health Practitioners when they are not getting better from dietary changes you recommend. Sometimes there are hidden infections, heavy metals, and other toxins keeping people stuck, and having a Holistic Practitioner who you can refer them to is the best solution in that case.

The more you share the good news of natural health and the healing power in God's word, the more people's bodies can come back into alignment with God's kingdom and healing can manifest.

Instead of having people be dependent on a dysfunctional medical system that pushes pharmaceutical drugs, you are empowering people to take control of their health by the choices they make and food they eat.

Food can be as powerful as medicine or as deadly as poison. Educating people on this topic is sorely needed in the world today. Thank you for seeing the role food and nutrition plays in people's lives and why it is in the blueprint God has given us.

The truth is that we are truly a 3-part being: mind, body, and spirit, and what we put into our bodies, which is the temple of the Holy Spirit, matters to Him! So it should matter to us too!



The Total Wellness Program

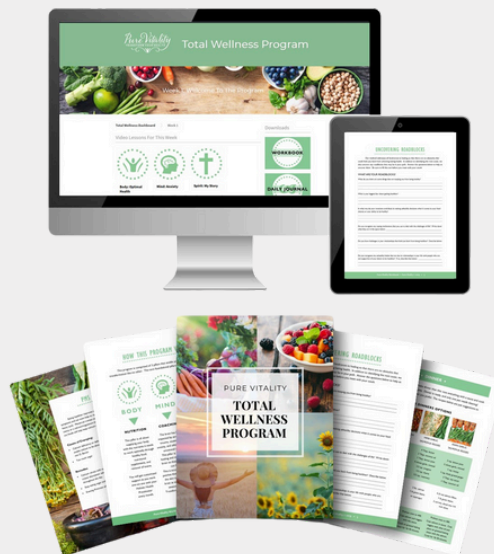


When people take your nutrition classes, implement a healthy diet, but they still struggle with their health, you can recommend our Total Wellness Program. Some people may need personalized care from a Holistic Practitioner and a life coach to help identify the root causes keeping them stuck. In this situation, you can recommend our Total Wellness Program.

This program is offered both in person as well as virtually. It addresses root causes such as chemical toxins, chronic infections, vaccine reactions, food sensitivities, allergies, candida, mold exposure, chronic stress, heavy metals, etc.

WHAT IT INCLUDES:

They'll get a customized protocol that includes supplements and dietary recommendations, life coaching, as well as online access to video lessons that cover how to be healthy in mind, body, and spirit so they can regain their health.



LIFE COACHING

We offer life coaching for people struggling with anxiety, depression, stress, past trauma, etc. This helps to heal their emotions and renew their mind to God's truth, so God can restore their peace of mind and emotional balance and stability.



If you connect with people who are passionate about natural health and want to learn how to use holistic methods to help others heal, you can share our Practitioner Course with them.

It will teach them everything they need to know to be the expert in alternative medicine, so they can know how to address the root cause affecting someone's health in mind, body, and spirit.

We have hundreds of students in our Course from all over the world who have been making a huge difference in people's lives.

We share all of our protocols using natural remedies, herbal medicine, homeopathy, sauna detox, dietary recommendations, etc.

We have an entire module dedicated to life coaching skills so you'll learn how to help people with emotional stress, anxiety, past trauma, and other things keeping them stuck.

And the most important part, the Practitioner Course is entirely faith-based, which means you will not find any New Age modalities or other information that will conflict with your Christian values.



Our Practitioner Course is 100% online so people can take it no matter where they live in the world. Our course is accredited with the American Association of Drugless Practitioners, which enables our graduates to become certified as Holistic Health Practitioners.

We also have an affiliate program for the course, which means that you can earn up to \$500 per person who you refer to the course who enrolls.



Mentorship

THE SUPPORT YOU NEED TO LEAD

You are not doing this alone. We are your mentors while you implement this blueprint in your area. You'll have the training, books and curriculum to implement along with mentorship from us.

We'll meet regularly online to discuss the material, go into more detail so you understand how to implement the blueprint, get your questions answered, handle challenges, etc.

We'll teach you how to implement our Welcome The Presence bundle and host the Holy Spirit in your location. From the room layout, decor, set up, and heart posture, we are here to help you make room for Him.

You'll learn how to host online or in-person support and discipleship groups that you can take through our curriculum and discuss it, cultivating a community of people who can thrive like God intended.

We will help you create a ministry using our blueprint that enables people to be disciplined in a safe, loving community as they learn how to break free from their past and the ways of the world, and have a deeper relationship with Jesus.

It's about cultivating a community where genuine love, kindness, and humility enable people to feel safe to connect with one another at a deep level without shame, fear, or rejection.

You'll be able to get on our weekly calls to ask questions, share challenges, get Godly feedback, and the support you need in a community of other ministry leaders.



Empowering God's Army With His Word

How It All Started

It was not our plan to have a ministry. We had enough going on with our business, Pure Vitality. It all started from a rock bottom moment in 2018 when we wanted more of God. We began spending hours at our office in prayer and worship, seeking His face, to know Him better. We began to cry out for revival and for people to know Him. His presence brings peace, hope, and healing that this world so desperately needs.

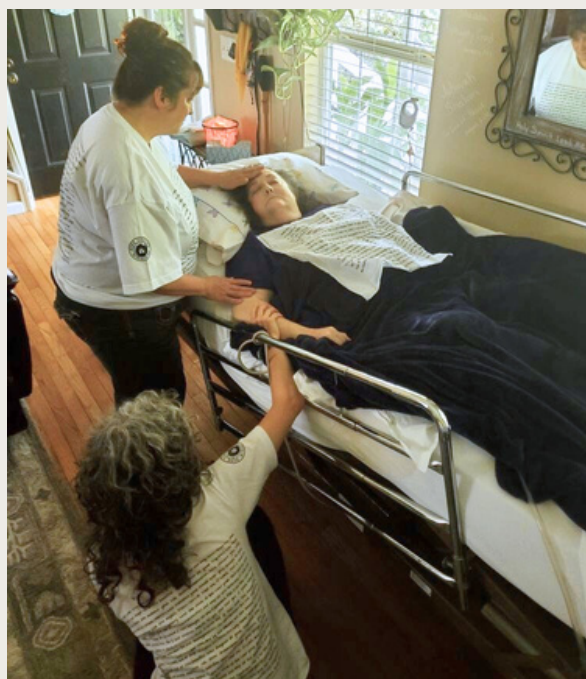
As we spent time with Him in the secret place, God began to reveal what was on His heart for us and took us deeper in our walk with Him. We began to experience personal revival in our own lives and in our family. We learned that we are called to lay hands on the sick, not fear sickness. He started showing us our identity in Christ and our authority. Then He told us to step out of our comfort zone and pray for people who were sick, and He started healing them!

In March 2020, the pandemic hit. When a woman from our church was quarantined in the hospital with the virus, we were disappointed that could not pray for her in person. As we asked God what to do, He highlighted Psalm 103. We spoke it into the phone as a voice memo along with a prayer for healing. We sent it to her as a text message, suggesting that she place the phone over her body and believe God in faith while it played on speaker mode.

God told us to send the recording to other people in the hospital in critical condition. As they played the recording over their body and believed God in faith, they started getting well! We were in awe of what God was doing through His Word!

Next, God led us to hand write healing verses on white handkerchiefs, pray over them, and give them to people with health problems. As these handkerchiefs were placed over the areas of the body that were showing signs of disease, God healed many of them, similar to Paul in Acts 19:11. God showed us that His Word is able to UNLOCK what the enemy is doing and bring healing when combined with someone's faith.

As we continued to follow Him, and He led us to write scripture on our walls, create a sanctuary in our office, host worship nights, and take people on outreach to pray for the sick in our community. He gave us a blueprint for a new model of teaching people how to host His presence, create Healing Rooms, share items covered in His Word, and disciple others so that together, we can change this world for God's glory!





The Bandanas & Bundles

The bundles and bandanas are not merchandise. It's a movement.

God is raising up an army of everyday people who are bringing the light into the darkness, hope to the hopeless, and healing to the hurting. Our mission is to inspire people to have a deeper relationship with Jesus and empower them to fulfill the Great Commission.

The bundles and bandanas were inspired by God to bring His Word into people's lives in a way they can interact with it, wear it, and receive a touch from Jesus, who is the Word made flesh.

They are a tangible point of contact for people to anchor their faith as they focus their attention on His Word to receive healing or deliverance as God has healed many people through His Word imprinted on various items. Once people receive a touch from God and realize the power in His Word, they are inspired to share the bundles and bandanas with others. They are tools for evangelism as people take them to the streets, send them to relatives in the mail, and share God's word with others. They enable people to become active in sharing the gospel as they give bundles to people in their community who they cross paths with on a daily basis.

The bundles give people a visual reminder of their new identity in Christ as they wear a bandana, shirt or scarf which keeps them anchored to God's kingdom rather than living like the world. They feel connected and part of a tribe of people who are living the gospel in a world that is increasingly saturated with evil.

The bundles and bandanas are easy ways to get the gospel into more people's homes because each bundle comes with a copy of Spiritual Bootcamp which opens the door to a deeper relationship with Jesus. People are desperate for more of God, and when they feel His peace when they wear the bandana, they discover how real He is and how much He cares for them!



About The Bundles

God is doing a new thing and we want to help you understand the bundles.

WHAT THIS IS



It is about a deeper relationship with Jesus.



It is a reminder of the power of God's Word to transform you.



It is a tangible item to help you focus your faith.



It is a reminder of your identity in Christ: to walk in the authority He has given you over sickness, disease, and demonic spirits.



It is an item that has been inspired by God, created to share the gospel.



It is a way to keep God's Word always in sight so you'll remember to read it, speak it, live it, and share it.



It is a conversation starter that opens the door to share Jesus with others.

WHAT THIS IS NOT



It is not a magical item that will heal you automatically.



It is not a formula to get God to do something for you.



It is not a talisman that will heal you.



It is not a remedy for your health problems when you are fearful and want a quick-fix for your symptoms.



It is not an item that is created for generating income or profit.



How The Bundles Are Produced: God's Word + The Holy Spirit

The Word of God PLUS the power of the Holy Spirit come together in a powerful way in these bandanas.

We could have simply typed out the verses with a font and printed them on the fabric, but that is not what God instructed us to do. He told us to spend time in prayer and worship before writing the verses so that it would be empowered by the Spirit.

It's about the power that comes from the Holy Spirit who gives life to the written Word of God when it is written with His anointing.

The original handwritten artwork is used to print the bandanas, shirts, and other items. We take this project very seriously and are careful to follow God's instructions in everything we do.

Prayed Over Before Given Out

Our prayer team assembles the bundles in our sanctuary.

After they are assembled, each bundle is prayed over by our prayer team and is stored under the altar in our sanctuary before it is given out.

We believe that God infuses the items with His supernatural power and each bundle will transform the life of the person who receives it: whether they need healing, salvation, or deliverance. God will touch them as they have faith to believe.



Bundle Building With Volunteers



Praying Over The Bundles

Biblical References



PAUL TOUCHED FABRIC AND GOD DID MIRACLES

As you can see from these passages in the Bible, fabric can be a means of transmission of the Holy Spirit's power.

"Now God worked unusual miracles by the hands of Paul, so that even handkerchiefs or aprons were brought from his body to the sick, and the diseases left them and the evil spirits went out of them." Acts 19:11

The power of the Holy Spirit filled Paul to the extent that fabric that he touched was a carrier of God's power and people were healed when they touched it.

WOMAN WITH ISSUE OF BLOOD

Luke 8:43-48: "Now there was a woman who had been suffering from hemorrhages for twelve years; and though she had spent all she had on physicians, no one could cure her. She came up behind Jesus and touched the fringe of his clothes, and immediately her hemorrhage stopped. Then Jesus asked, 'Who touched me?'"

When all denied it, Peter and those with him said, "Master, the multitudes throng and press You, and You say, 'Who touched Me?'"

But Jesus said, "Somebody touched Me, for I perceived power going out from Me."

Now when the woman saw that she was not hidden, she came trembling; and falling down before Him, she declared to Him in the presence of all the people the reason she had touched Him and how she was healed immediately.

And He said to her, "Daughter, be of good cheer; your faith has made you well. Go in peace."

Healings & Miracles

The miracles and healing that God is doing through His Word written on bandanas and blankets is blowing us away! We are seeing children with autism get completely healed! We are seeing cancer disappear! We are seeing children in wheelchairs moving their arms and legs on their own 1-2 weeks after being wrapped in the healing blanket! Whew! Glory to God alone!

We have seen migraines leave in minutes, restless leg syndrome that had plagued someone for decades gone in one night, and many other conditions healed: high blood pressure, covid, flu, hormone imbalances, allergies, nightmares, suicidal thoughts, bronchitis, chronic cough, ear pain, knee pain, sinus problems, digestive problems, constipation, fatigue, and the list continues to grow!



My favorite testimonies are from people who have had the covid vaccine and have experienced debilitating symptoms without any relief from the medical system. When we have given them a bundle, with specific instructions to follow, they have recovered their health in as little as a month! Glory to God! (Contact Pure Vitality for the specific protocol for the vaccine detox and we will share it with you)

God's word is healing even the worst situations imaginable because nothing is impossible with God!

In this section of the book, we will highlight the items that God has inspired us to create and share a few testimonies of what God is doing as people are using them.

FROM VICTIM TO VICTORIOUS



Here's an example. Meet Nia. She is a pre-K school teacher, but also a carrier of God's kingdom. I met Nia when she came to Pure Vitality with her own health problems and she didn't know what to do. She went through our Total Wellness Program and, not only did she get well, but she learned about her identity in Christ. She learned about her authority and now is sharing God's healing power with others.

She writes, "The bandana....the bandana. I carry it around with me wherever I go in my back pocket. I do this because it is a constant reminder that God's healing is ALWAYS available.

"One of my students has, what would be considered, chronic asthma. He missed 3 days of school this week due to his condition.

"As the kids were napping, he started coughing. A cough that kept some of the other children awake and had me worried! I immediately called his mom and she told me she was on her way.

"When I went to check on him, he just looked at me and I knew what to do. I was hesitant at first because I had never prayed for anyone in this capacity, but I grabbed my bandana and placed it on his back, and began to pray.

“As soon as I started praying (with my left hand on his back), I saw in the spirit this light come down and illuminate my left arm. He stopped coughing.

When you are born again, you become a citizen of God's kingdom. You are created to represent God's kingdom on earth and live a life of adventure as you let His power and love transform the world around you!

This bandana is not a fashion statement. It's a FAITH statement. It's a movement to awaken believers to the power and authority they carry through Christ to heal the sick and set the captives free.

Nia sends healing bandana bundles to people who are struggling with their health regularly. She recently shared a few of the testimonies with us. A family friend who had a stroke and was unable to breathe and eat on his own got a bundle and is now healed and back to normal!

People are receiving breakthroughs themselves, and they are passing it on to others. They are a tool for evangelism to equip the body of Christ to share the gospel and God's love and His healing power with others.

” The
bandana
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It's a FAITH
statement.

“The twenty minutes I sat there with him praying he didn't cough one time. When his mom came to the door I was in tears. I told her what happened. She was amazed that he just stopped coughing.

“I told her a little about the bandana, and gave it to her. I told her to just believe in the healing power of GOD.

“I have many testimonies regarding the bandana and the healing power of the Creator, but what just happened...I'm speechless. Hallelujah! Hallelujah!”

God is using a simple square of white fabric with handwritten scriptures to empower people to walk in power and authority.



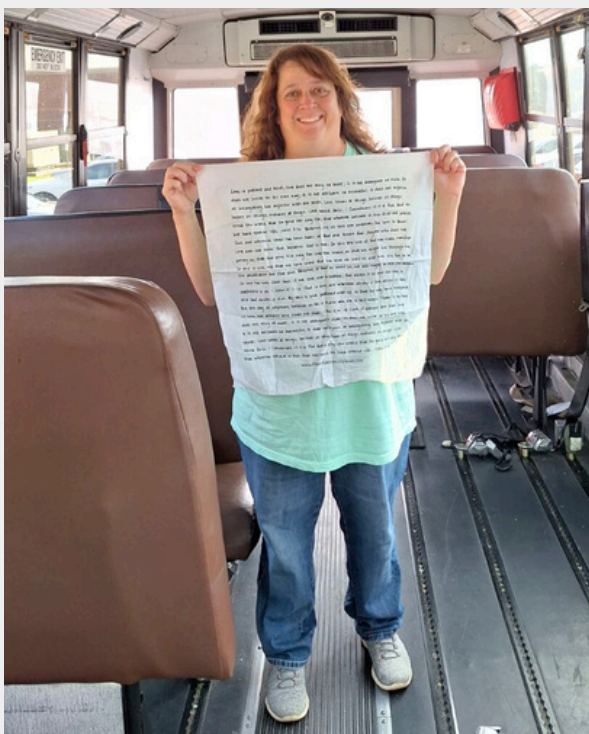
This woman was healed of alopecia!

The Bandanas At Work

AUTISM HEALED

Lynette Heard had a 5-year old girl in her preschool class who had autism. She was anti-social and did not speak to anyone. Lynette asked God what to do about it, and He told her to bring the healing bandana to school, pray over it each day, and let the child hold the bandana while she was at school each day.

After 3 weeks, the child was talking and playing with other kids and teachers! The other teachers and her mom were so surprised at the difference in her! Later that fall, when her parents enrolled her in a school for special needs, they said that she no longer belonged there. God healed her completely of autism!



LAURA'S STORY

Laura rides a school bus everyday as a school bus monitor. It's not a job, it's her mission field. She has her bandana with her on the bus and uses it with the kids on a daily basis.

A 14- year old boy in a wheelchair could not hold his head up. After holding the bandana, he could lift his head and started smiling regularly!

A non-verbal autistic 3 year old boy started talking after holding the bandana in his lap while riding the bus.

The Bandanas In Ministry

The bandana is wonderful to use when you are praying for people. You can see how we are using the bandana on this man as we pray for the shoulder where he has a rotator cuff injury.

Let the Holy Spirit show you how to use it. We typically put the bandana over the problem with the words facing their body. God healed this man and he was able to play pickle ball for 4 hours the next day!



Our prayer team joined another ministry in Atlanta and prayed for the homeless. This man came to our tent and did not say a word. We felt led to put a healing bandana over his chest and pray.

Later, his girlfriend told us he was just diagnosed with lung cancer. We gave him the bandana and trust that God healed him of cancer that day.

The bandana has been used by ministers and pastors when preaching. Our prayer team always wears it when teaching and ministering to people who come to us for prayer.

This minister in Florida ordered bundles for her entire ministry team and they wear them during their services as you can see in this picture.



When people receive a bundle and have faith in God, He is bringing them breakthroughs in mind, body, and spirit!

After receiving breakthroughs in their own lives, they are excited to share the bundles with others. This creates a ripple effect that continues to expand across the earth as more people's lives are touched by God through these bundles.

Each bundle comes with a free copy of Spiritual Bootcamp eBook. This discipleship material enables people to learn how to understand the spirit realm, how to live a Christian life, how to pray for the sick, how to live God's Word, and put the gospel into practice in their lives as they grow deeper in their relationship with Jesus.

As more people are set free and share the bundles with others, together, we can see God change this world for the better!

This translates to an impressive army of people who become equipped and empowered to impact the world around them for Jesus. People are helping others be set free and fulfill their purpose so they can impact the world around them for God's glory!

We want to share this blueprint with people who share our vision and want to make a positive impact in people's lives by sharing God's Word in a unique and creative way. We want to share how to create Healing Rooms in homes to welcome His presence and take back territory from the enemy.

We look forward to collaborating with you and seeing how this blueprint will impact your community for Jesus!





Your Next Steps

This book is an overview of what is possible when you use the blueprint God has given us.

It's about cultivating a place where the Holy Spirit is welcomed and honored, so that He impacts your home and the people around you.

It's about equipping people to be revival carriers and prayer warriors, rather than pew sitters.

It's about cultivating a community where people experience health in mind, body, and spirit, so they can thrive and fulfill their purpose.

It's about experiencing peace of mind in the midst of a fear-based, evil world, rather than being influenced by it.

It's about helping people break free from strongholds so they can experience a new life that feels like heaven on earth!

This is what this blueprint is going to enable you to do in your community.

It's pioneering a new framework that God has given us for building healthy, loving communities around His presence that are able to take back territory from the enemy and see God's kingdom expand on earth.

Are you ready? It's time.

If you would like to move forward with this blueprint, let us know and we will be in touch.

You are not doing this alone. You have our support, training, books and curriculum to use. We will also mentor you through this process and support you.

We'll go into more detail so you understand how to implement the blueprint in each area so that you can see God's will done in your home, family, and community.

If you are ready to move forward and learn more about how to use our blueprint, email us at purevitalityministries@gmail.com and we will be in touch.